



EUROPEAN AVIATION SAFETY AGENCY  
AGENCE EUROPÉENNE DE LA SÉCURITÉ AÉRIENNE  
EUROPÄISCHE AGENTUR FÜR FLUGSICHERHEIT

# Medical & Medication - Cabin Crew (Reg. Aircrew – Part-MED)

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# Regulation Aircrew – Annex IV

## 1178/2011 Aircrew Regulation

### Annex IV - Part Medical

Subpart A  
General Rules

Subpart B  
Medical Rules  
Pilots

Subpart C  
Medical Rules  
Cabin Crew

Subpart D  
AMEs, OHMPs

Acceptable Means of Compliance & GM



# Medical – Rules and AMC – Subpart C

- **The IRs contain the rules for**
  - Obligation to undergo medical assessments
  - Maximal intervals of medical assessment 60 months
  - Basic medical requirements
  - Content of medical assessment
  - The possibility for limitations on Medical Reports
- **The AMCs contain the provisions for**
  - Detailed content of aero-medical assessments
  - List of limitations
  - Medical report for holders of a cabin crew attestation
- **The GM contains guidance for**
  - AME/OHMP on cabin crew safety duties to support the medical assessment criteria



# Examination and Assessment

- **Aero-medical assessments performed by**
  - AME, AeMC
  - OHMP if possible under the national health system
- **Initial assessment**
  - Assessment of the medical history
  - Clinical examination as indicated in MED.C.025
- **Re-assessments**
  - Assessment of the medical history
  - Clinical examination in accordance with best aero-medical practice
- **Additional examinations**
  - To assess pathological conditions
  - As clinically indicated if necessary to determine fitness



# Medical Report (MED.C.030 and AMC)

- **Content of Medical Report**
  - Biographical data of applicant
  - Date of medical assessment
  - Expiry dates of medical report
  - Result of medical assessment
  - Limitations
  - Signatures of examiner and applicant
  - NO MEDICAL INFORMATION
  
- **Validity period of the Medical Report**
  - Maximum period of validity is 5 years
  - The competent authority determines the details



# Limitations (MED.C.035 and AMC)

- **The Medical Report is issued with limitations if**
  - Medical requirements can only be met with 'devices'
    - E.g. glasses, hearing aids
  - Full compliance with medical requirements cannot be achieved but safe performance of cabin crew duties is considered to be possible with limitations
    - E.g. 'operate only in multi-cabin crew operations'
- **Limitation 'special restriction as specified'**
  - The limitation 'SSL' provides flexibility for the examiner
  - Should be explained in full on the Medical Report



# Annex IV – Subparts A and D

## ➤ Section 1 of Subpart A

- Applies to AMEs, pilots and cabin crew
- Contains the definitions and the rules for
  - Data protection
  - Decrease in medical fitness
  - Obligations of AMEs, AeMCs, GMPs and OHMPs

## ➤ Section 3 of Subpart D

- Applies to OHMPs
  - National system of occupational health
  - Knowledge in aviation medicine



# Medication

- Cabin crew obligation to contact examiner if they have commenced the regular use of any medication
- New GM has been developed to help pilots and cabin crew to judge in exactly which cases the advice of an examiner is needed
- This GM is presently in the NPA stage of the rulemaking process and will be included in the amending Decision.





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