

Cologne, November 2018

WP 4: Competency Development:
“Workshop on Fatigue and Risk Management”



Within the framework of the EU-funded Eastern Partnership and Central Asia Project (EaP/CA), a Workshop on Fatigue and Risk Management was delivered in Chisinau from 17 to 19 October 2018.

The workshop aimed to provide the participants with an in-depth analysis of the Commission (EU) Regulation 965/2012, as amended on Fatigue and Risk Management.

The overall objective was to improve the awareness of the safety aspects of fatigue of airline managers and national regulators and to provide them tools to manage fatigue risks within their organisation.



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Fundamental knowledge was provided concerning the safety concerns of fatigue and sleep loss, the effects of fatigue on performance, and the principles of sleep medicine and circadian rhythms. The ICAO Fatigue Risk Management System (FRMS) Implementation Guide for operators/regulators as well as the EASA guidelines were thoroughly discussed.

The theoretical parts were followed by discussion of methods to mitigate the harmful effects of fatigue and sleep loss at the organizational level and at the pilot's level.

Nine subject matter experts from the Civil Aviation Administrations of Armenia, Azerbaijan, Ukraine and Republic of Moldova attended the workshop.



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