Before or during a flight

- Do not fly if you have a fever, cough, cold, difficulty breathing or flu-like symptoms
- If you feel ill while travelling, inform crew and seek medical care ASAP
- Share your travel history with your health care providers

Protect Yourself and Others from illness while flying – reduce the risk

- Clean hands frequently and well with alcohol-based hand rub or soap and water
- Avoid close contact with others who have a fever, cough, cold, difficulty breathing or flu-like symptoms
- When coughing and sneezing, cover mouth and nose with flexed elbow or tissue – dispose of tissue immediately and wash hands
- Avoid touching eyes, nose or mouth

Food safety

- Avoid eating raw or undercooked animal products (meat, milk, etc.)
- Wash your hands every time you handle food

Follow the advice of the local public health authorities.

IF A PASSENGER...

A. shows signs of being ill

- Make use of protective equipment (single use gloves and mask) when in contact with passengers exhibiting symptoms of an acute respiratory infection (cough, frequent sneezing, runny nose, sore throat, difficulty breathing)
- Use gloves when handling items such as used napkins, glasses and food trays.

B. is confirmed ill the crew should:

- Use the health part of the aircraft general declaration to register the health information on-board and submit it to the Point of Entry health authorities when required by a State’s representative;
- Ask passengers to complete passenger locator card forms to identify where in the aircraft the passenger is seated along with information regarding their immediate travel plans and contact details*
- Recommend to passengers to self-report if feeling ill as described above;

*The information is for authorised public health purposes according to law. A passenger locator form can be downloaded at: www.who.int/ihr/ports_airports/locator_card/en/