European Union Aviation Safety Agency

# FAQ n.47646

**FAQs:**

ORO.FTL, Part-ORO, Air Operations, Regulations

**Question:**

**Reserve CS FTL.1.230 (d): Is it necessary to have an FRM to protect an 8-hour sleep opportunity during reserve?**

**Answer:**

No.  Operators are however encouraged to apply appropriate fatigue risk management techniques to be able to fulfil their responsibilities under ORO.FTL.110.

The techniques described in the ICAO Fatigue Management Guide for Airline Operators may be useful reference to assist operators developing their approach.

**Last updated:**

12/07/2018

**Link:**

https://www.easa.europa.eu/en/faq/47646