European Union Aviation Safety Agency

FAQ n.115290

FAQs:

What I need to care about: “At all times”, Passenger Health Safety - COVID-19, Passengers

Question:

How long should I wear a medical face mask for?

Answer:

It is recommended to wear a medical face mask for the entire duration of the journey.

Typically, medical face masks should be replaced after 4 hours (unless otherwise advised by the manufacturer), or after a shorter period if they have become wet or soiled. For this reason, please evaluate the duration of your journey and take with yourself a sufficient number of medical face masks for the entire duration of your journey.

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Link:

https://www.easa.europa.eu/en/faq/115290