



Plan your journey



Do not go to the airport if you have the **following symptoms**: Fever, Cough, Shortness of breath, Loss of Taste or Smell



Complete your **statement of health** prior to checking in



Ensure you have enough **medical face masks** for your journey



To the airport



Be aware that **only travellers** may enter the airport terminal buildings



Leave enough time to allow for checks and new procedures



Follow **cough etiquette** and wear a **medical face mask** to protect yourself and your fellow passengers



Departure airport



Ask airport or airline staff if you have any **questions** or concerns



Check in online if possible, bring everything you need for your journey and have all documents ready



Make sure to practice **physical distancing,** wear a **medical face mask** and expect to be refused boarding if you don't

Comply with thermal screening, if requested



On the plane



Practice **hand hygiene**, follow **cough etiquette** and wear a **medical face mask**



Watch the cabin safety demonstration to be aware of **specific instructions** for your flight



If you feel ill while travelling, inform crew and seek medical care as soon as possible



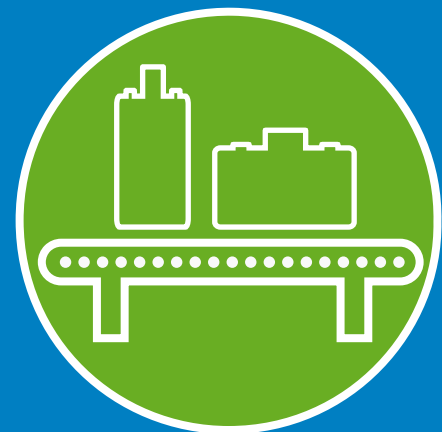
Limit your movement in the cabin to that essential for well-being



Arrival airport



Practice **physical distancing**, **hand hygiene** and **cough etiquette** and wear a **medical face mask**



Collect your bags and leave the terminal building as soon as possible



Reduce the risk of virus transmission by minimising interaction with people in the arrival terminal