# **SAFETY INFORMATION COMMUNICATION (SIC)**

No. 11



**JAA Liaison Office** 

# **Subject:** Guidance concerning the contents of First Aid Kits and Emergency Medical Kits

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# INTRODUCTION

Prompted by the initiative of the European Civil Aviation Conference (ECAC) dealing with passenger health issues which was launched in 2002; the subsequent ECAC Recommendation ECAC/28-1 of 13 April 2005, and the publication of the ECAC 'Manual on Air Passenger Health Issues', the JAA Licensing Sub-Sectorial Team – Medical (LSST(M)) was tasked by the JAA Operations Sectorial Team (OST) with developing guidance material relating to the requirements for First Aid Kits (FAK) and Emergency Medical Kit (EMK).

The following material was endorsed by the OST in October 2006. Ordinarily, it would have been used to update JAR-OPS 1 Section 2. However, NPA-OPS 51 has been suspended because changes in the format of JAR-OPS 1 prevent this. Consequently, the Chief Executive of the JAA has decided to publish the advisory material endorsed by the OST, in the form of a Safety Information Communication.

### **SCOPE**

The following is the relevant text endorsed by the OST:-

# **First-Aid Kits**

# **Equipment**

Bandages (assorted sizes)
Burns dressings (unspecified)
Wound dressings, large and small

Adhesive dressings (assorted sizes)

Adhesive tape

Adhesive wound closures

Safety pins

Scissors<sup>1</sup>

Antiseptic wound cleaner

Disposable resuscitation aid

Disposable gloves

IV cannulae (if IV fluids are carried in the FAK a sufficient supply of IV cannulae should be stored there as well)

#### **Medications**

Simple analgesic - may include liquid form

Antiemetic

Nasal decongestant

Gastrointestinal antacid

Anti-diarrhoeal medication Bronchial dilator spray

#### Other

A list of contents (medications in trade names and generic names) in at least 2 languages (English and one other). This should include information on the effects and side effects of medications carried.

First-Aid handbook

Medical incident report form

Biohazard disposal bags

Ground/Air visual signal code for use by survivors

#### Note:

An eye irrigator whilst not required to be carried in the first-aid kit should, where possible, be available for use on the ground.

# **Emergency Medical Kit**

# Equipment

Sphygmomanometer – non mercury

Stethoscope

Syringes and needles

IV cannulae (if IV fluids are carried in the FAK a sufficient supply of IV cannulae should be stored there as well)

Oropharyngeal airways (3 sizes)

Tourniquet

Disposable gloves

Needle disposal Box

Urinary catheter (2 sizes) and anaesthetic gel

Basic delivery kit

Bag-valve masks (masks 2 sizes: 1 for adults, 1 for children)

Thermometer - non mercury

Forceps

<sup>&</sup>lt;sup>1</sup>For security reasons items like scalpel and scissors should be stored securely.

Intubation set
Aspirator
Blood glucose testing equipment
Scalpel<sup>1</sup>
Automated external defibrillator <sup>2</sup>

#### Instructions

A list of contents (medications in trade names and generic names) in at least 2 languages (English and one other). This should include information on the effects and side effects of medications carried. Basic instructions for use of the medications in the kit. ACLS Cards (summarising and depicting the current algorithm for Advanced Cardiac Life Support).

#### **Medications**

Coronary vasodilator Anti-spasmodic Epinephrine/Adrenaline 1:1 000 Adrenocortical steroid Major analgesic Diuretic e.g. furosemide Antihistamine, oral and injectable form Sedative/anticonvulsant, injectable rectal and oral forms of sedative Medication for hypoglycaemia e.g. hypertonic glucose Antiemetic **Atropine** Bronchial dilator – injectable and inhaled form IV fluids, in appropriate quantity Acetylsalicyl Acid (Aspirin) 300 mg in oral and / or injectable form Antiarrythmic Antihypertensive medication Injectable antibiotic

# REFERENCE DOCUMENTATION

The ECAC 'Manual on Air Passenger Health Issues'

https://www.ecac-ceac.org/file\_pub/file.php?idDoc=4672

ECAC Recommendation ECAC/28-1 of 13 April 2005

https://www.ecac-ceac.org/file\_pub/file.php?idDoc=4599

<sup>&</sup>lt;sup>1</sup>For security reasons items like scalpel and scissors should be stored securely

<sup>&</sup>lt;sup>2</sup>Should be carried on the aircraft - not necessarily in the emergency medical kit