



WE MAKE YOU FLY...



Wir sind TFC



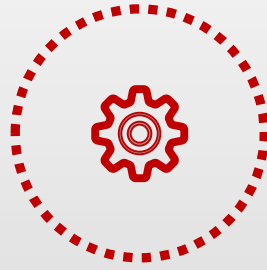


WE MAKE YOU FLY...



## Mobile

Switch to  
**FLIGHT MODE**  
or **MUTE**



## Support

Every **input** is  
appreciated



## Feedback

**Feedback** is  
welcome  
**Opinions** may differ  
Share your **needs**



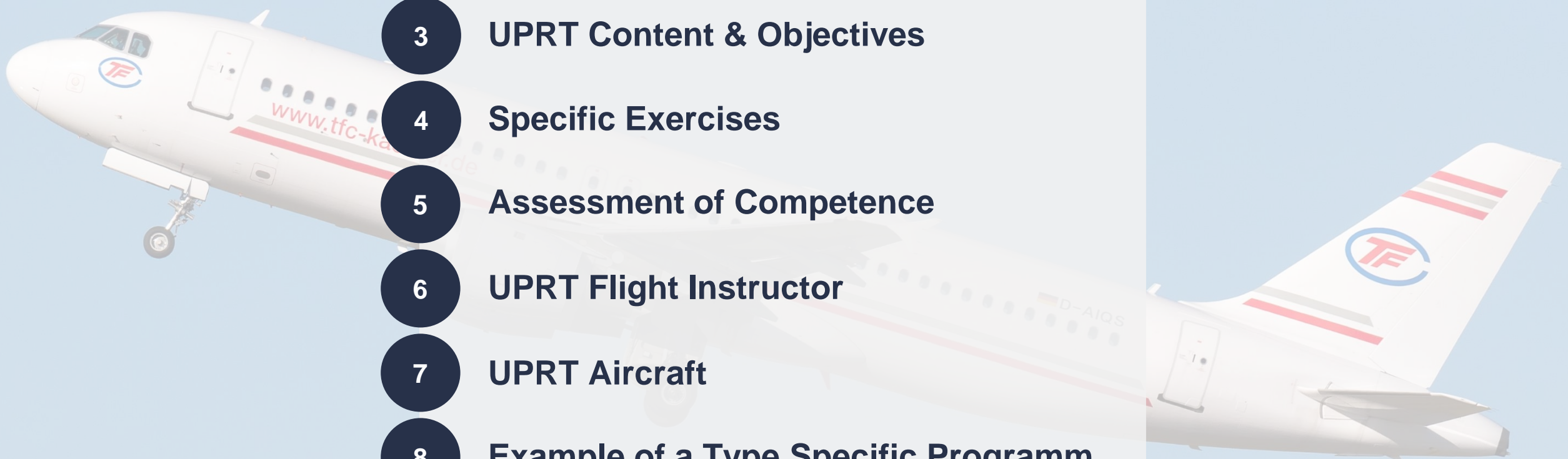
## Discretion

What happens in  
Vegas, stays in  
Vegas!



„Hi there, my is Bob.“...



- 
- A large, semi-transparent image of a white commercial airplane with red and blue livery, including the TF logo on the tail and fuselage. The aircraft is shown from a low angle, flying towards the left. The registration 'D-AIQS' is visible on the rear fuselage.
- 1 Introduction
  - 2 Abbreviations & Definition
  - 3 UPRT Content & Objectives
  - 4 Specific Exercises
  - 5 Assessment of Competence
  - 6 UPRT Flight Instructor
  - 7 UPRT Aircraft
  - 8 Example of a Type Specific Programm



1

**Introduction**

2

**Abbreviations & Definition**

3

**UPRT Content & Objectives**

4

**Specific Exercises**

5

**Assessment of Competence**

6

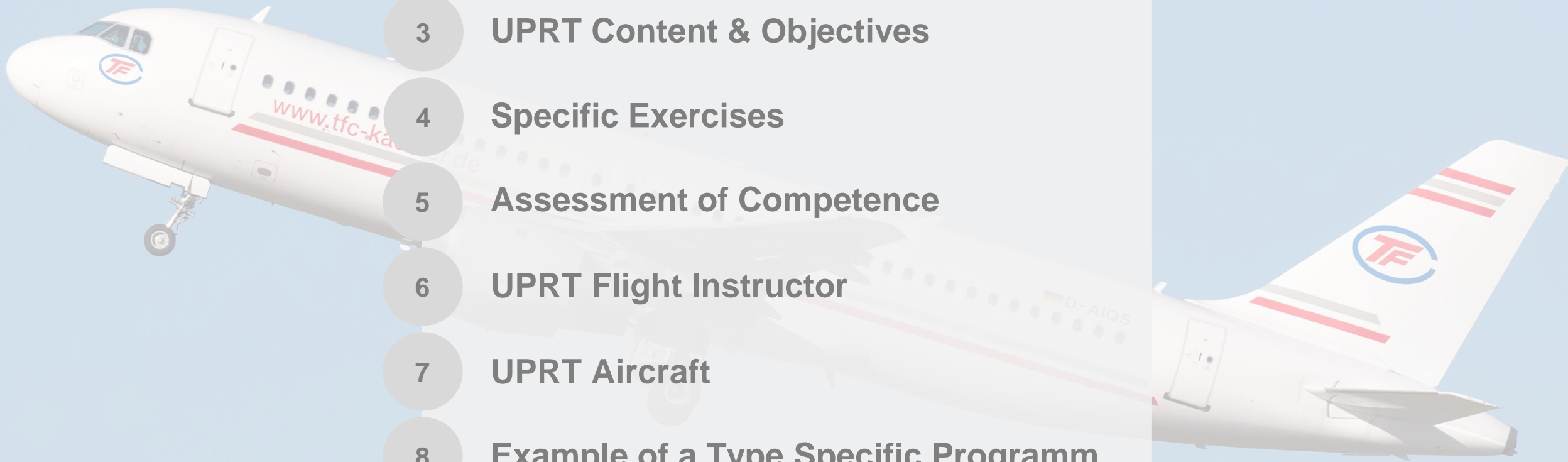
**UPRT Flight Instructor**

7

**UPRT Aircraft**

8

**Example of a Type Specific Programm**





UPSET?

Prevention & Recovery

NEW TRAINING REGULATIONS



## Commission Regulation 1178/2011

### Provision on approval requirements for:

- Flight Simulators
- Pilots
- Person/ Organisation involved in the training/ checking of pilots



## Commission Regulation 1178/2011

### Provision on approval requirements for:

- Flight Simulators
- Pilots
- Person/ Organisation involved in the training/ checking of pilots



## Regulation 2015/445

### New requirements for the training of professional pilots

#### Theory + Flight Instruction to UPRT

- CPL
- MPL
- Type Rating for multi-pilot aircraft



## WHAT'S NEW?



VO 2018/1974

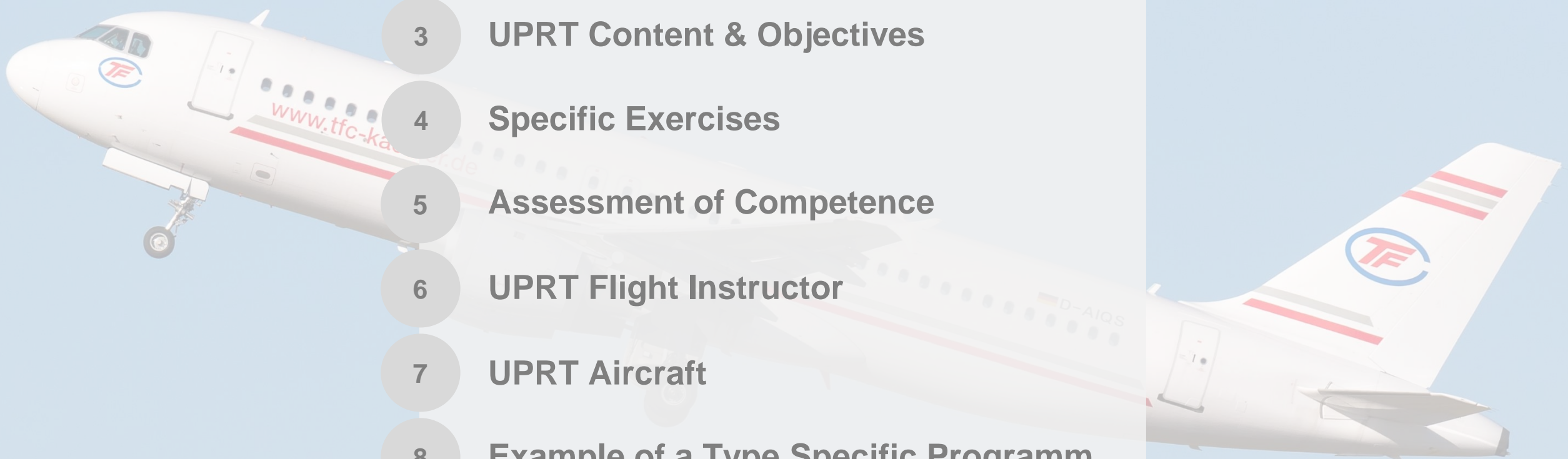
**BASIC UPRT**

**ADVANCED UPRT**

**TYPE-REALTED UPRT**





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# Abbreviations & Definitions

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A/C	Aircraft
AOA	Angle of Attack
ANU	Aeroplane Nose Up
AND	Aeroplane Nose-Down
ATO	Approved Training Organization
AURTA	Airplane Upset Recovery Training Aid
CBT	Competency-Based Training
CAA	Civil Aviation Authority
CFE	Certified Flight Envelope
FBW	Fly by wire
FOQA	Flight Operational Quality Assurance
IMC	Instrument Meteorological Conditions
IOS	Instructor Operating Station
LOSA	Line Operations Safety Audit

LOC-I	CDLoss of Control In-Flight
NAA	National Aviation Authority
NFE	Normal Flight Envelope
OEM	Original Equipment Manufacturer
PF	Pilot Flying
PM	Pilot Monitoring
QRH	Quick Reference Handbook
RAeS	Royal Aeronautical Society
SIB	EASA Safety Information Bulletin
SOP	Standard Operating Procedure
VTE	Validated Training Envelope
Vls	Vls Lowest Selectable Speed / Maneuvering Speed
VMC	Visual Meteorological Conditions
Vs	Stall Speed



### **Aeroplane upset**

An airplane in flight unintentionally exceeding the parameters normally experienced in line operations or training, normally defined by the existence of at least one of the following parameters:

- a) Pitch attitude greater than 25 degrees, nose up; or
- b) Pitch attitude greater than 10 degrees, nose-down; or
- c) Bank angle greater than 45 degrees; or
- d) Within the above parameters, but flying at airspeeds inappropriate for the conditions.

### **Developing upset**

Any time the aeroplane begins to unintentionally diverge from the intended flight path or airspeed.



### **Angle of attack (AOA)**

Angle of attack is the angle between the oncoming air, or relative wind, and a defined reference line on the aeroplane or wing.

### **Critical angle of attack**

The angle of attack that produces the maximum coefficient of lift beyond which an aerodynamic stall occurs



## **Competency**

A combination of skills, knowledge, and attitudes required to perform a task to the prescribed standard.

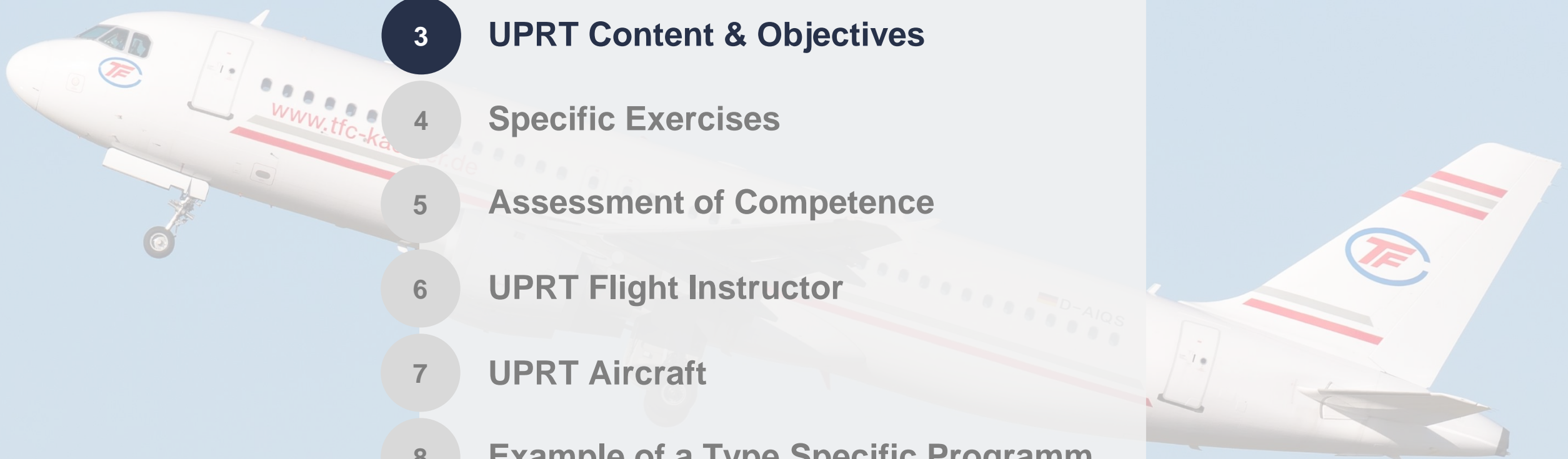
## **Core competencies.**

A group of related behaviors, based on job requirements, which describe how to effectively perform a job and what proficient performance looks like. They include the of the competency, a description, and a list of behavioral indicators.

## **Competency-based training.**

Training and assessment that are characterized by a performance orientation, emphasis on standards of performance and their measurement and the development of training to the specified performance standards.







- 
- A large, semi-transparent image of a white commercial airplane, likely a Bombardier CRJ, is positioned diagonally across the slide. The aircraft features the 'TF' logo on the tail and the website address 'www.tfc-karlsruhe.de' on the fuselage. The registration 'D-AIQS' is visible near the tail.
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**BASIC UPRT**

**ADVANCED UPRT**

**TYPE-RELATED UPRT**

-  **ATP(A), MPL(A), CPL(A)**
-  Achieve **competence in applying** prevention and recovery techniques
-  Reference to **Instruments**
-  Instructors **do not require** additional **Qualifications**



# UPRT Content & Objectives

## Basic Training: Developing Upsets

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**BASIC UPRT**

**ADVANCED UPRT**

**TYPE-RELATED UPRT**



**Stall** event recovery

**Nose-high & Nose-low** recovery strategy

**Spin** avoidance





**BASIC UPRT**

**ADVANCED UPRT**

**TYPE-RELATED UPRT**



**ATP(A), MPL(A), CPL(A)**



**1. Physiological and psychological aspects** of dynamic upsets in aeroplanes

**2. Competence and resilience** to apply appropriate recovery techniques during upsets



Instructors require additional Qualifications acc. to **FCL.915(e)**



**BASIC UPRT**

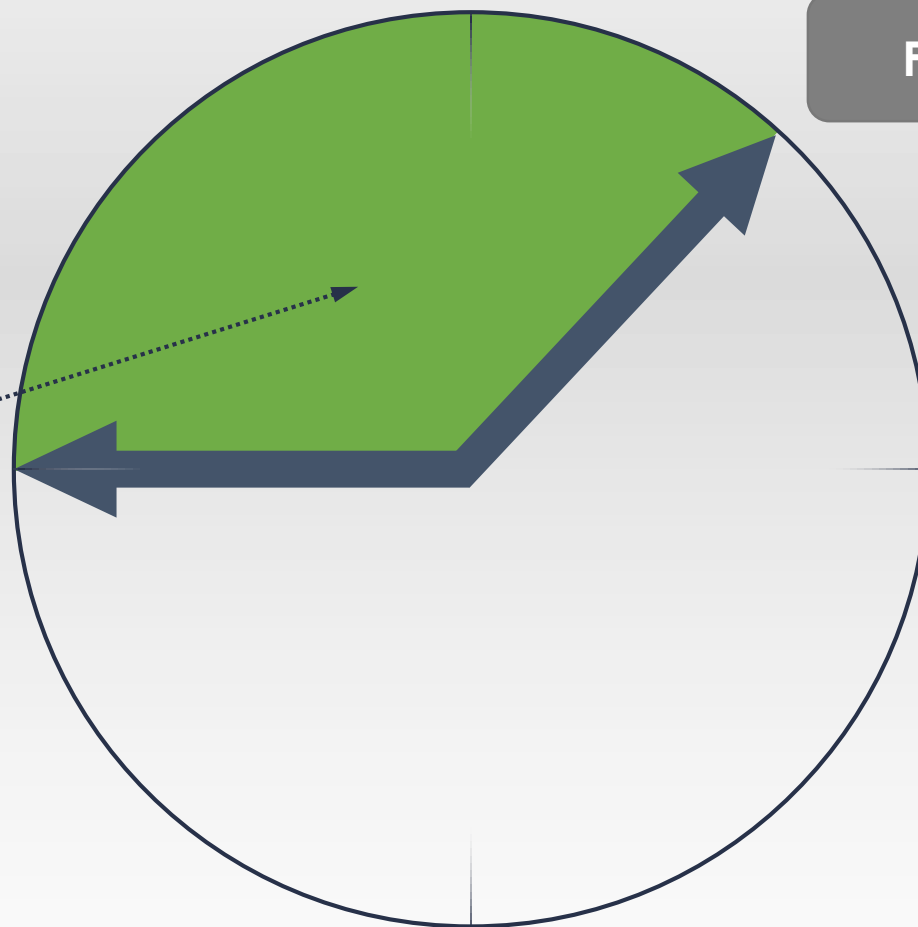
**ADVANCED UPRT**

**TYPE-RELATED UPRT**

FCL.745.A

***5 hours***

Theoretical  
knowledge  
instruction





## TYPE-RELATED UPRT





**BASIC UPRT**

**ADVANCED UPRT**

**TYPE-RELATED UPRT**

Relevant **Specific Aerodynamics** of the used UPRT Aircraft

**Theoretical  
Knowledge**

Review **Basic Aerodynamics** (including case studies)

Physiological and Psychological **effects of an upset**

Surprise & Startle Effect

Memorising appropriate **procedures & techniques**



**BASIC UPRT**

**ADVANCED UPRT**

**TYPE-RELATED UPRT**

**Flight  
Instruction**

## 1. Demonstration

- a) SPD, ATT, AoA
- b) Effects of G-Load
- c) Stalls
- d) Surprise & Startle effects

## 2. Recovery Training

- a) Nose high / low at various bank angles
- b) Spiral Dives
- c) Stalls Events
- d) Incipient Spin

## 3. Resilience & Startle Effect

- a) training to develop strategies to mitigate the startle effect



# UPRT

Theoretical & Practical knowledge on Type

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**ADVANCED UPRT**

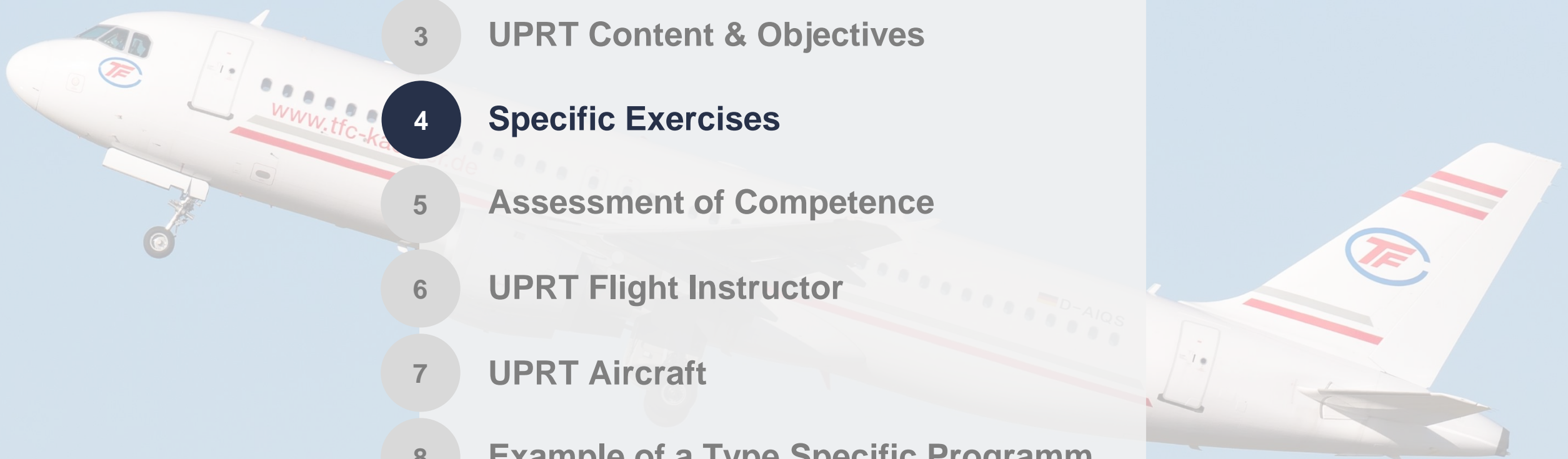
**TYPE-RELATED UPRT**

**ATO**

**OPERATOR**

- ✈ **TYPE** specific (OEM recommendations)
- ✈ Operator specific **SOP's**
- ✈ Operator training content



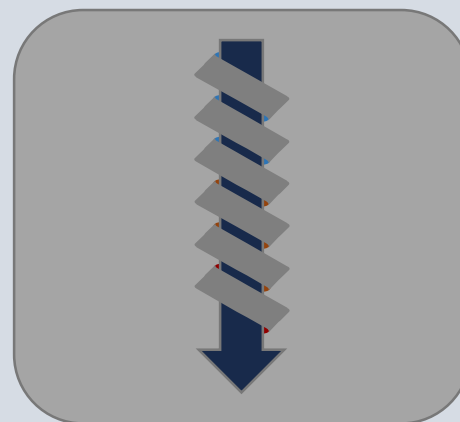
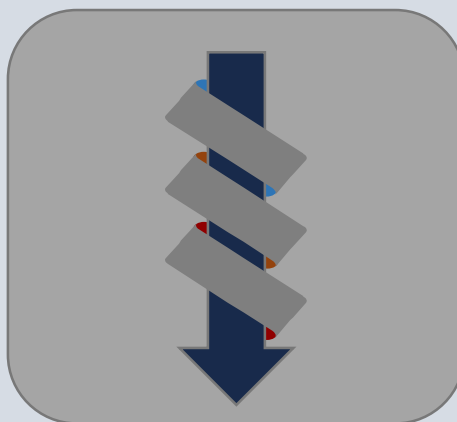
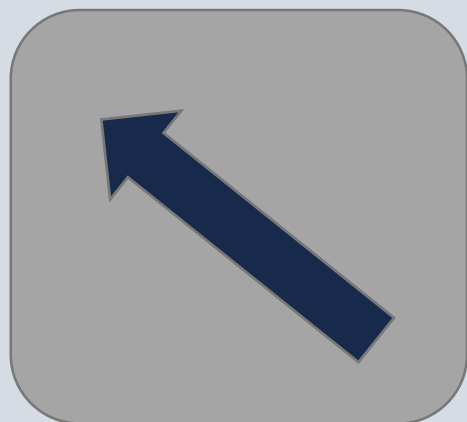
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# SPECIFIC EXCERSISES

Advanced UPRT

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**Nose High**

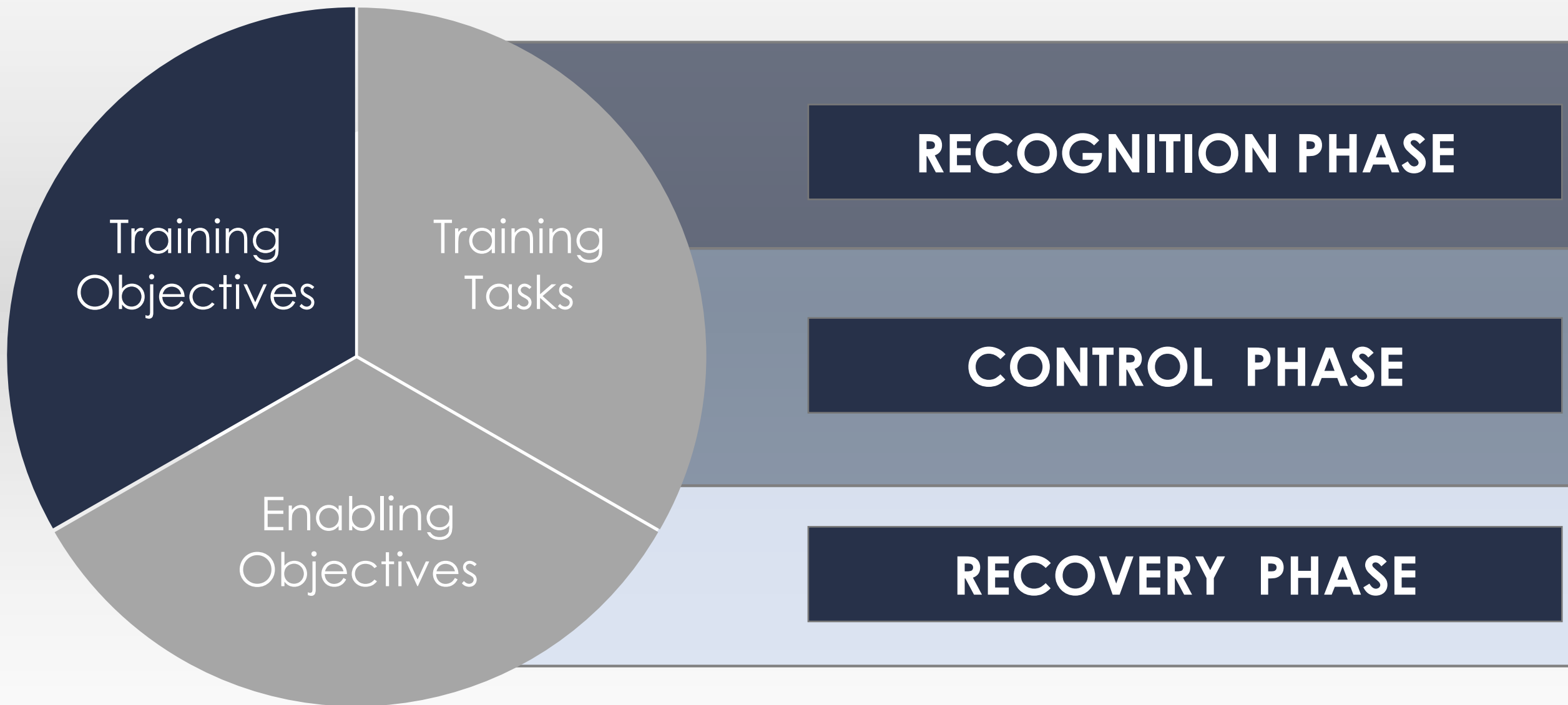
**Nose Low**

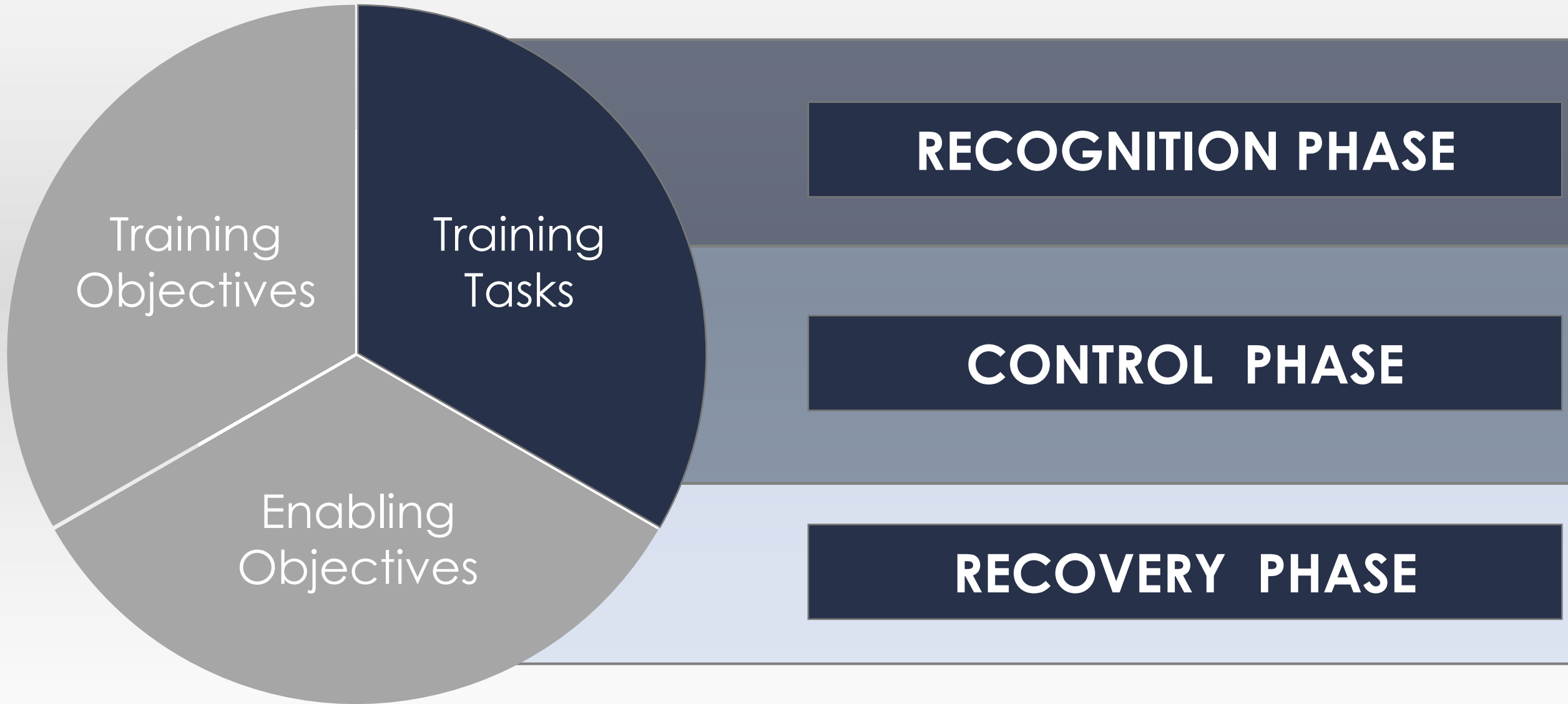
**Incipient Spin**

**Spiral Dive**

**Stall**





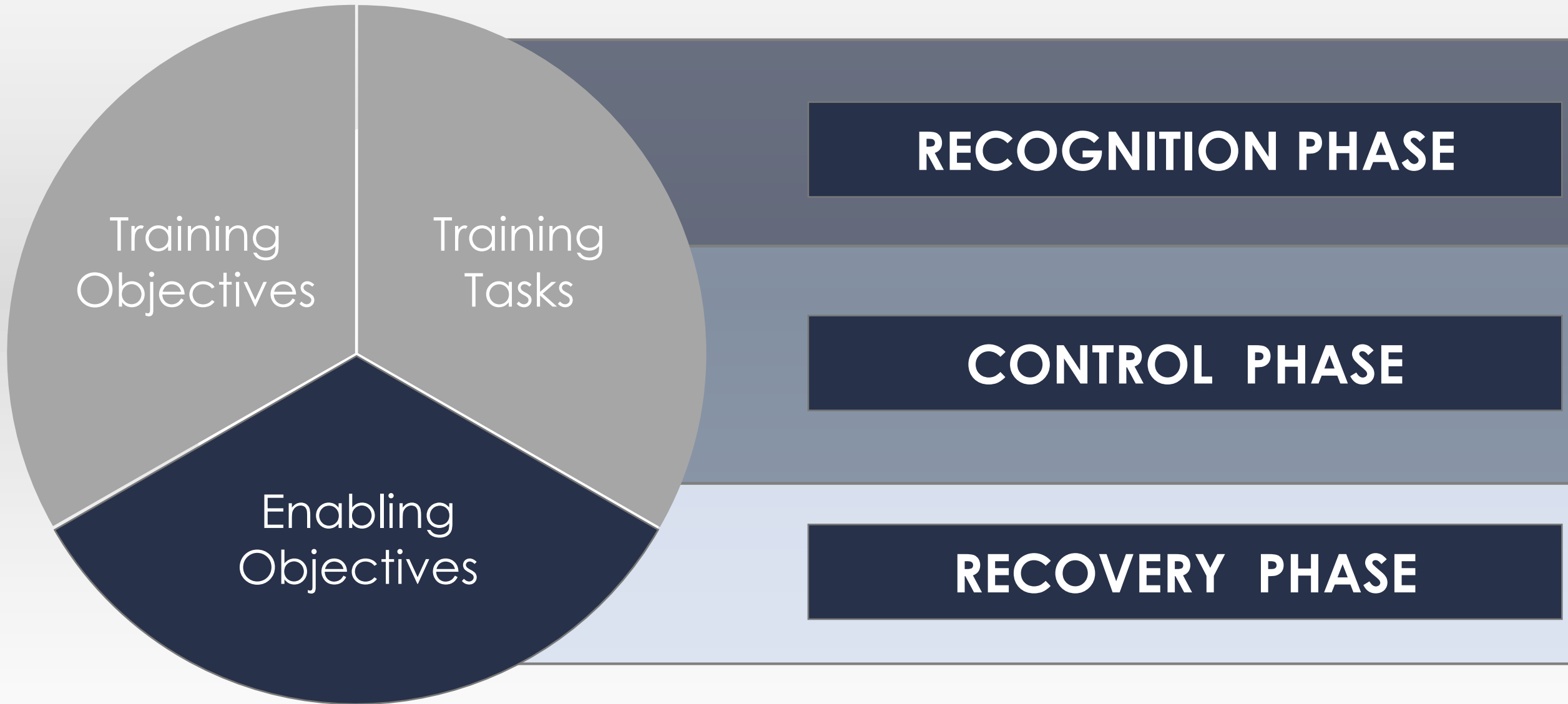




# SPECIFIC EXCERSISES

Advanced UPRT – Nose High Recovery

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# Assessment of Competence

## Pilot competencies and behavioural indicators

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- 1 Application of procedures
- 2 Communication
- 3 Aeroplane flight path management — automation
- 4 Aeroplane flight path management — manual control
- 5 Leadership and teamwork
- 6 Problem-solving and decision-making
- 7 Situation awareness and information management
- 8 Workload management



1

## Application of procedures

- (i) Follows the recommended Nose HIGH or Nose LOW recovery strategy or the Stall Event Recovery Template / STALL RECOVERY SOP
- (ii) Identifies and follows operating instructions in a timely manner
- (iii) Correctly operates aircraft systems and equipment
- (iv) Applies relevant procedural knowledge



2

## Communication

- (i) Adheres to callouts
- (ii) Verbalises the essential steps during the recoveries



## 3 Aeroplane flight path management — automation

- (i) Disconnects **autopilot** and **autothrust**/autothrottle **before initiating** the **recovery**





## 4 Aeroplane flight path management — manual control

- (i) Detects deviations from the **desired aircraft trajectory** and **takes appropriate action**
- (ii) **Controls** the aircraft using appropriate **attitude and power settings**
- (iii) Contains the aircraft within the defined **flight envelope**



## 5 Leadership and teamwork

- (i) Understands and agrees with the **crew's roles and objectives**
- (ii) Uses initiative and **gives directions** when required
- (iii) **Admits mistakes** and takes responsibility
- (iv) **Communicates** relevant **concerns** and **intentions**
- (v) Gives and receives **feedback** constructively
- (vi) Projects **self-control** in all situations



6

## Problem-solving and decision-making

- (i) **Seeks** accurate and adequate **information** from appropriate sources
- (ii) **Identifies** and **verifies** what and why things have gone wrong
- (iii) Perseveres in working through the event safely
- (iv) Sets **priorities** appropriately

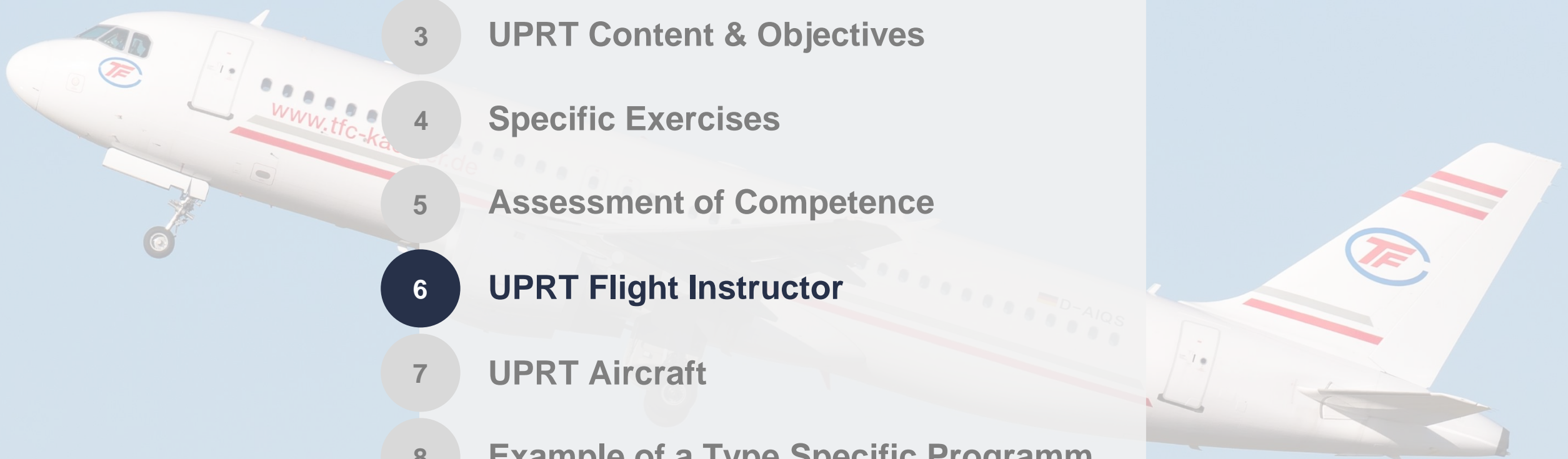


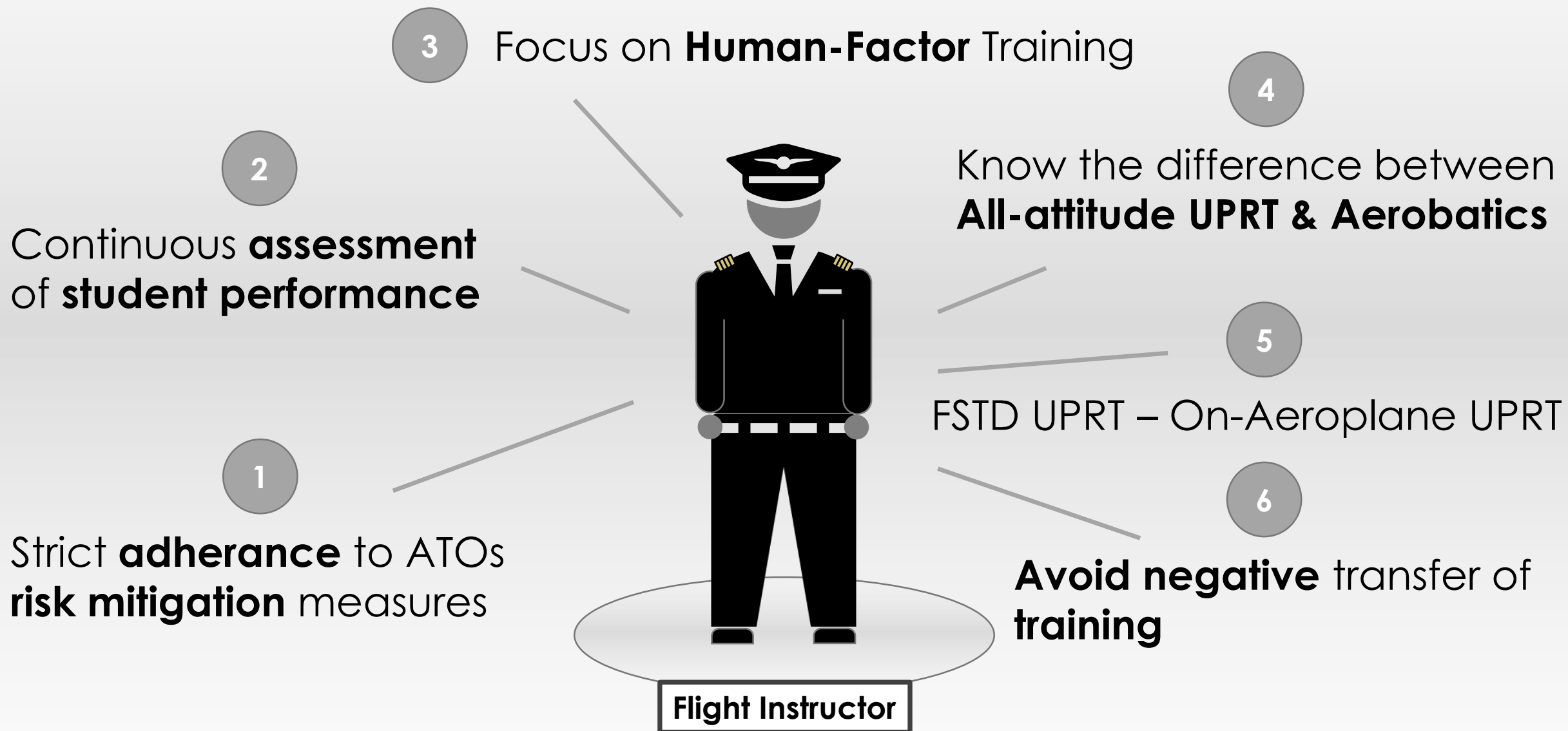
7

## Situation awareness and information management

- (i) Identifies and assesses accurately the **state of the aircraft** and its systems
- (ii) Identifies and assesses accurately the **aircraft's vertical and lateral position**, and its anticipated flight path
- (iii) **Anticipates** accurately what could happen, plans and stays ahead of the situation
- (iv) **Recognises** and effectively **responds** to indications of reduced situation awareness.



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3

Focus on **Human-Factor** Training

4

2

Instructors should be aware that the **safety** and potential **human factor implications** of poor upset recovery **instructional technique or misleading information** are **more significant** than in any other areas of pilot training.

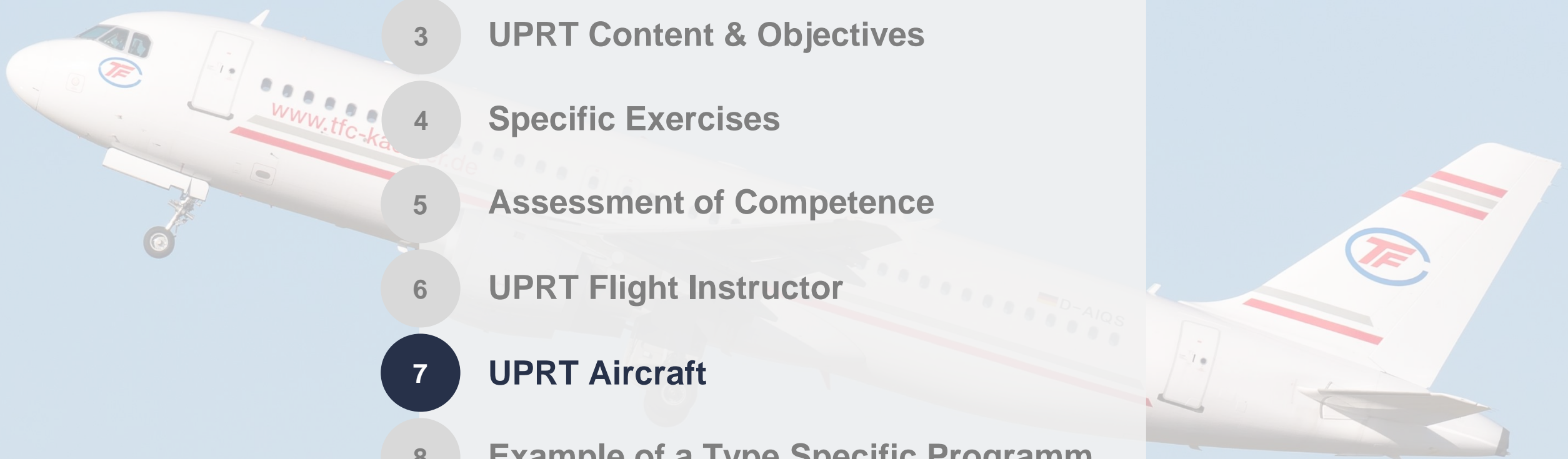


Flight Instructor

Continuous assessment of student performance  
Strict adherence to ATOs  
**risk mitigation** measures

Know the difference between  
All-attitude UPRT & Aerobatics  
UPRT in a General Aviation UPRT  
Avoid negative transfer of training



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Aeroplanes should be appropriately **certified & operated** by ATO

Taking into account:

- **Airframe fatigue life**
- **Sufficient safety margins**





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